



Scottish Ceroc Competition 2004



Lucky Dip

In this section no-one knows who their partner will be until the day itself; they may be a complete stranger- they may not? They may be a good dancer- they may not.

Competition Rules

- Couples will dance to music chosen by the organisers. This could be anything from the 40's to 00's.
- All judging will be by points system. Dancers are encouraged to dance to the end of their heat. Qualifying dancers will be asked back to the next round. Judges decisions are final.
- The judges will be looking for style/musical interpretation rather than the number/difficulty of moves.
- Points will be awarded for dress and presentation.
- Airsteps, (lifts, jumps, and acrobatic moves) will not be permitted. Disqualification from the competition will be automatic should a couple attempt these moves.
- No extra points will be awarded for drops but they will be permitted provided that the ball of one of the lady's feet remains in contact with the ground. Otherwise the move will be defined as an airstep.
- Partners must not release handhold or break contact for more than eight beats.
- The lead and follow aspect of the dance must be demonstrated.
- The dance must be recognisable as a modern jive like Ceroc. Lindy Hop, Jitterbug, West Coast Swing, East Coast Swing, 50's style Rock 'n' Roll, Ballroom Jive etc are not modern jives and therefore are not permitted.
- This section is open to everyone including teachers/ professionals.
- Partners will be allocated on the day.
- This event is for over 18's only.
- Competitor numbers are strictly limited so places are allocated on a first come first served basis.
- Ceroc Enterprises Ltd. reserves the right to change the programme and competition if necessary without consultation.
- The event will be recorded by film, video and photograph; these may be used for Ceroc promotional purposes without any obligation.
- The organisers accept no responsibility for loss or injury to persons or possessions in relation to this event.





Scottish Ceroc Competition 2004



Intermediate's Freestyle

This section is recommended for those who have danced for six months or more but do not wish to compete with the Advanced dancers.

Competition Rules

- Couples will dance to music chosen by the organisers. This could be anything from the 40's to 00's.
- All judging will be by points system. Dancers are encouraged to dance to the end of their heat. Qualifying dancers will be asked back to the next round. Judges decisions are final.
- The judges will be looking for style/musical interpretation rather than the number/difficulty of moves.
- Points will be awarded for dress and presentation.
- Airsteps, (lifts, jumps, and acrobatic moves) will not be permitted. Disqualification from the competition will be automatic should a couple attempt these moves.
- No extra points will be awarded for drops but they will be permitted provided that the ball of one of the lady's feet remains in contact with the ground. Otherwise the move will be defined as an airstep.
- Partners must not release handhold or break contact for more than eight beats.
- The lead and follow aspect of the dance must be demonstrated.
- The dance must be recognisable as a modern jive like Ceroc. Lindy Hop, Jitterbug, West Coast Swing, East Coast Swing, 50's style Rock 'n' Roll, Ballroom Jive etc are not modern jives and therefore are not permitted.
- Dance teachers/ professionals are not allowed to enter this section.
- Competitors from the Advanced Freestyle sections are not permitted to enter this section.
- This event is for over 18's only.
- Competitor numbers are strictly limited so places are allocated on a first come first served basis.
- Ceroc Enterprises Ltd. reserves the right to change the programme and competition if necessary without consultation.
- The event will be recorded by film, video and photograph; these may be used for Ceroc promotional purposes without any obligation.
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Scottish Ceroc Competition 2004



Advanced Freestyle

This is the advanced freestyle section. It is recommended for those who want to compete with the best.

Competition Rules

- Couples will dance to music chosen by the organisers. This could be anything from the 40's to 00's.
- All judging will be by points system. Dancers are encouraged to dance to the end of their heat. Qualifying dancers will be asked back to the next round. Judges decisions are final.
- The judges will be looking for style/musical interpretation rather than the number/difficulty of moves.
- Points will be awarded for dress and presentation.
- Airsteps, (lifts, jumps, and acrobatic moves) will not be permitted. Disqualification from the competition will be automatic should a couple attempt these moves.
- No extra points will be awarded for drops but they will be permitted provided that the ball of one of the lady's feet remains in contact with the ground. Otherwise the move will be defined as an airstep.
- Partners must not release handhold or break contact for more than eight beats.
- The lead and follow aspect of the dance must be demonstrated.
- The dance must be recognisable as a modern jive like Ceroc. Lindy Hop, Jitterbug, West Coast Swing, East Coast Swing, 50's style Rock 'n' Roll, Ballroom Jive etc are not modern jives and therefore are not permitted.
- Dance teachers/ professionals are not allowed to enter this section. Dancers that have been teachers in the past should use their ethical judgement as to whether it is appropriate for them to enter this category.
- Competitors from the Intermediate's Freestyle sections are not permitted to enter this section.
- This event is for over 18's only.
- Competitor numbers are strictly limited so places are allocated on a first come first served basis.
- Ceroc Enterprises Ltd. reserves the right to change the programme and competition if necessary without consultation.
- The event will be recorded by film, video and photograph; these may be used for Ceroc promotional purposes without any obligation.
- The organisers accept no responsibility for loss or injury to persons or possessions in relation to this event.





Scottish Ceroc Competition 2004



Open Freestyle

This is the Open freestyle section. It is recommended for those who want to compete unrestricted.

Competition Rules

- Couples will dance to music chosen by the organisers. This could be anything from the 40's to 00's.
- All judging will be by points system. Dancers are encouraged to dance to the end of their heat. Qualifying dancers will be asked back to the next round. Judges decisions are final.
- The judges will be looking for style/musical interpretation as well as number/difficulty of moves.
- Points will be awarded for dress and presentation.
- Airsteps, (lifts, jumps, and acrobatic moves) will be permitted
- Partners must not release handhold or break contact for more than twenty beats.
- The lead and follow aspect of the dance must be demonstrated.
- The dance must ideally be recognisable as a modern jive like Ceroc. However moves from Lindy Hop, Jitterbug, West Coast Swing, East Coast Swing, 50's style Rock 'n' Roll, Ballroom Jive etc are permitted though the music played will tend to suit Modern Jive.
- Dance teachers/ professionals are allowed to enter this section.
- Competitors from the Intermediate or Advanced Freestyle sections are permitted to enter this section.
- This event is for over 18's only.
- Competitor numbers are strictly limited so places are allocated on a first come first served basis.
- Ceroc Enterprises Ltd. reserves the right to change the programme and competition if necessary without consultation.
- The event will be recorded by film, video and photograph; these may be used for Ceroc promotional purposes without any obligation.
- The organisers accept no responsibility for loss or injury to persons or possessions in relation to this event.





Scottish Ceroc Competition 2004



Double Trouble

This section you need to make up a threesome. If you can't make up your mind which partner to choose, this is the event for you- you can dance with them both!

Competition Rules

- Each team must consist of three people in any combination of male/female dancers.
- The dancing must be continuous but the lead is allowed to change from one partner to another.
- Entrants will dance to music chosen by the organisers. This could be anything from the 40's to 00's.
- All judging will be by points system. Dancers are encouraged to dance to the end of their heat. Qualifying dancers will be asked back to the next round. Judges decisions are final.
- The judges will be looking for style/musical interpretation as well as the variety of moves.
- Points will be awarded for dress and presentation.
- Partners must not release hand hold or break contact for more than eight beats.
- The lead and follow aspect of the dance must be demonstrated.
- The dance must be recognisable as a modern jive like Ceroc. Lindy Hop, Jitterbug, West Coast Swing, East Coast Swing, 50's style Rock 'n' Roll, Ballroom Jive etc are not modern jives and therefore are not permitted.
- This section is open to everyone including dance teachers/ professionals.
- This event is for over 18's only.
- Competitor numbers are strictly limited so places are allocated on a first come first served basis.
- Ceroc Enterprises Ltd. reserves the right to change the programme and competition if necessary without consultation.
- The event will be recorded by film, video and photograph; these may be used for Ceroc promotional purposes without any obligation.
- The organisers accept no responsibility for loss or injury to persons or possessions in relation to this event.





Scottish Ceroc Competition 2004



Team Cabaret

Competitors choose their own piece of music and perform their own choreography. This year we have not restricted the number of hold-breaks or drops/lifts in order to allow for more artistic freedom. However, all Team Cabaret routines must consist predominantly of Ceroc. Anyone who does not adhere to the spirit of the rules will jeopardise their chances of winning.

Competition Rules

- A team must be between three and ten couples
- Each team must nominate a representative or choreographer through whom all discussions will take place.
- Each team must dance to their own music which must be provided to the organisers by no later than 1st August, and a CD of between 3-6 minutes in length. Team leaders must submit the names of all team members by 1st August.
- Any performance which is either under 3 minutes or significantly over 6 minutes will mean automatic disqualification.
- Routines while expected to entertain- hence the 'Cabaret' element- must be predominantly Ceroc-based: no matter how entertaining, if the routine is not sufficiently dance based, it will not be considered for a place in the final.
- Points will be awarded for dress and presentation.
- Judges decisions are final.
- The judges will be looking for style and musical interpretation in the choreography as well as the dancing.
- The lead and follow aspect of the dance must clearly be demonstrated.
- The dance must be recognisable as a modern jive like Ceroc. Lindy Hop, Jitterbug, West Coast Swing, East Coast Swing, 50's style Rock 'n' Roll, Ballroom Jive etc are not modern jives and therefore are not permitted.
- This section is open to everyone including teachers/professional.
- A maximum of 8 teams will be able to compete in this section
- This event is for over 18's only.
- Competitor numbers are strictly limited so places are allocated on a first come first served basis.
- Ceroc Enterprises Ltd. reserves the right to change the programme and competition if necessary without consultation.
- The event will be recorded by film, video and photograph; these may be used for Ceroc promotional purposes without any obligation.
- The organisers accept no responsibility for loss or injury to persons or possessions in relation to this event.
- Please note there will be no refund for entrants who pull out of this category either before or during the event.

